

# Hook Runners Code of Conduct for Adult Members

Hook Runners is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, officers and other club volunteers/helpers associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Club's Welfare Officer at [welfare@hookrunners.com](mailto:welfare@hookrunners.com) in the first instance, or the Club Secretary at [secretary@hookrunners.com](mailto:secretary@hookrunners.com)

As a member of Hook Runners, you are expected to abide by the following code of practice:

- All members must take responsibility in ensuring they are up to date with the club's rules, policies and procedures and understand and adhere to them.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious or political beliefs or sexual identity.
- Members should recognise the valuable contribution made by coaches and committee officers/members who are usually volunteers. They give their time and resources to provide an enjoyable, safe and inclusive running club with qualified coaching sessions for you.
- All members should be a positive role model, treat other runners and club members with the same level of respect you would expect to be shown to you.
- Members must pay all fees for membership, training and events PROMPTLY.
- Members are not allowed to smoke, consume alcohol or drugs during club training sessions or whilst representing the club.
- Members should keep to agreed timings for club training and club organised events/competitions.
- Members must wear suitable kit for training and club runs, including hi-vis where necessary and as requested by club coaches/event organisers.
- Use correct and proper language at all times when representing the club.
- Bullying of any sort will not be tolerated. Encourage everyone to enjoy sport and understand that people have different motivations for taking part.

Agreed by committee: July 2019.

Review date: July 2020.